

Suryadatta Education Foundation's
Suryadatta College of Management Information Research & Technology
(SCMIRT)

7.1.1 (a) Annual gender sensitization action plan (A.Y.2022-23)

Sr. No.	Date	Theme/Topic
1	29 th December, 2022	Women Empowerment
2	29 th December, 2022	Self Defense
3	29 th December, 2022	Self-Hygiene
4	20 th March, 2023	Financial Awareness
5	Full Month March, 2023	Women's Day Celebration




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Suryadatta Education Foundation's
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NOTICE

Women Empowerment

Date: 27th Dec. 2022

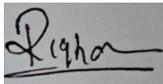
All Girl students are hereby informed that, we are organising Guest Lecture on Women Empowerment of SPPU for Girls Students on 29th Dec, 2022. All Girl students from all the courses are expected to attend the sessions.

Note that Attendance is Compulsory.

Reporting Time:- 10:30AM

Venue:- M. Visvesvaraya Hall no. 402

Dress Code:- Formal



Prof. Rasika Dighde
(Student Development Officer)



Prof. Monika Kulkarni
(IQAC)



Dr. Abbas Lokhandwala
(SCMIRT Principal)


Principal, SCMIRT

REPORT

Women Empowerment

Date: 29th December, 2022, **Time:** 10:30 am

Venue: Room no. 204, Second Floor, Suryadatta College Of Management and Institute of Research Technology (SCMIRT), Bavdhan, Pune.

Number of Students: 50

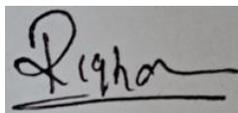
The program started at 10:30 am in the presence of all girl students. Program was taken forward by Inauguration function of lamp lighting by Vice Principal Prof. Deepak Singh, HOD- Prof ShilpaSant, Guest Speaker Ms. PallaviDeshpande and Student Development Officer Prof. RasikaDighde. After the Inauguration function guest session begins.

The empowerment and autonomy of women and the improvement of their political, social, economic and health status is a highly important end in itself. In addition, it is essential for the achievement of sustainable development of society.

The chief guest Ms. PallaviDeshpande gave a motivational talk on role of women in changing the society. She addressed the students with her inspiring speech and stressed upon how women can be self-dependent with courage and effort. Also the chief guest highlighted the hurdles encountered by women and offered solutions to overcome them.

Prepared By

Asst. prof. Rasika Dighde




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NOTICE

Women's Self Defense

Date: 27th Dec. 2022

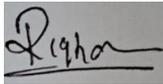
All Girl students are hereby informed that, we are organizing Guest Lecture on Women's Self Defense of SPPU for Girls Students on 29th Dec, 2022. All Girl students from all the courses are expected to attend the sessions.

Note that Attendance is Compulsory.

Reporting Time:- 12:30AM

Venue:- M. Visvesvaraya Hall no. 402

Dress Code:- Formal



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(Student Development Officer)



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REPORT

Women's Self Defense

Date: 29th December 2022, **Time:** 12:30 pm.

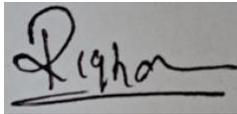
Venue: Room no. 204, Second Floor, Suryadatta College Of Management and Institute of Research Technology (SCMIRT), Bavdhan, Pune.

Number of Students: 50

After the session of Self Hygiene. Guest speaker Mrs.Ashwini Kale took over the session and addressed the audience and said that girls were faced with many complex challenges in the present day society, with atrocities and violence against women being on the raise. She urged the girl students to be on the alert always and take care of their physical fitness by consuming nutritious food and cultivating healthy habits and regular physical exercise regimen. She captivated the audience by demonstrating several Karate and Marshall Arts techniques as part of self-defense. She also demonstrated about how the various tools like hand bags, key chains and dupatta could be used as a safety tool. All the participants were made to practice the techniques with other participant. The response for training was very good.

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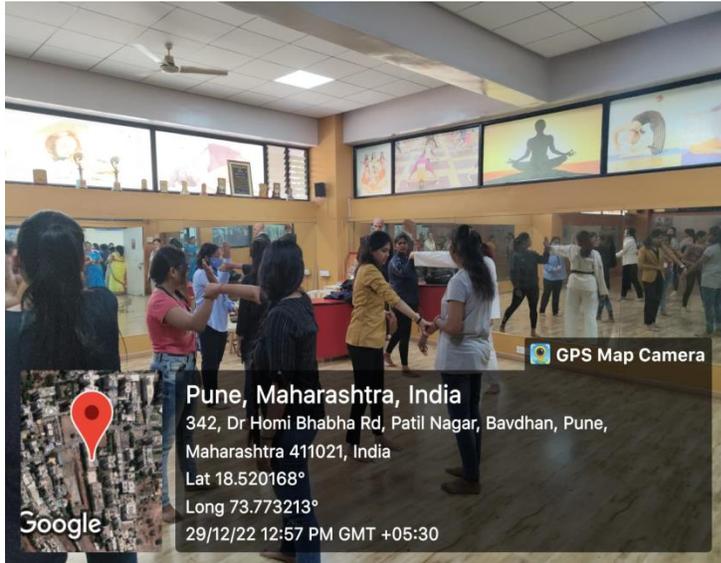
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NOTICE

Women's Self Hygiene

Date: 27th Dec. 2022

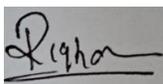
All Girl students are hereby informed that, we are organising Guest Lecture on Women's Self Hygiene of SPPU for Girls Students on 29th Dec, 2022. All Girl students from all the courses are expected to attend the sessions.

Note that Attendance is Compulsory.

Reporting Time:- 11:30AM

Venue:- M. Visvesvaraya Hall no. 402

Dress Code:- Formal



Prof. Rasika Dighde
(Student Development Officer)



Prof. Monika Kulkarni
(IQAC)



Dr. Abbas Lokhandwala
(SCMIRT Principal)



Principal, SCMIRT

REPORT

Women's Self Hygiene

Date: 29th December, 2022, **Time:** 11:30 am.

Venue: Room no. 204, Second Floor, Suryadatta College Of Management and Institute of Research Technology (SCMIRT), Bavdhan, Pune.

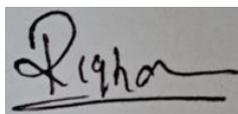
Number of Students: 50

After the session of Women Empowerment, Mrs. NamrataYadav took over the session. She spoke on why it is important for maintaining both physical and mental health. In people with poor personal hygiene, the body provides an ideal environment for germs to grow, leaving it vulnerable to infection. So, hygiene becomes increasingly important to keep germs at bay and to stay protected. One must develop a healthy routine, take proper care of themselves especially during periods, and eat healthy and nutritious food etc. were few points covered by her during the session. Many issues like menstrual hygiene and intimate hygiene were also addressed with the help of small videos which created awareness amongst students.

The event saw enthusiastic participation from the students.

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Asst. prof. Rasika Dighde




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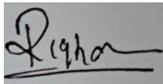
Notice

Financial Awareness

Date: 18th March 2023

SCMIRT is organizing online webinar regarding Financial Awareness on, Security Exchange Board of India on 20th March 2023 (Monday) from 11.00 am. All Students of BCom, BBA and BBA(IB) are requested to join the session on the given time.

Venue:- Radhakrishna Hall, Suryadatta Campus, Bavdhan



Prof. Rasika Dighde
(Student Development Officer)



Dr. Abbas Lokhandwala
(SCMIRT Principal)



Prof. Monika Kulkarni
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Report
Financial Awareness

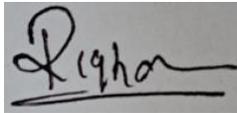
Date: - 20th March 2023

SCMIRT has organized guest Session on 20th March 2023 at 11:00 AM to 12:30 PM. All students of B.Com, BBA and BBA (IB) students has attended the session. Session was conducted by Mr. Pankaj Mathkar. More emphasis is given on Financial Awareness, Introduction to Mutual Funds. Question answer session had also been conducted. Speaker has solved queries of the students.

Session was very informative.

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Asst. Prof. Rasika Dighde




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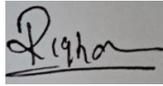
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Notice

Women's Day Celebration

Date:- 25 /02/2023

Suryadatta Group of Institutes is celebrating women's month in March and is going to celebrate Women's day every month. Also, Suryadatta College of Management Information Research and Technology is celebrating its RajatMahotsav. As a part of this, a power-packed 'Women Empowerment' workshop was organized for Surya Ladies, i.e. female staff members and students.



Asst. Prof. Rasika Dighde
(SCMIRT, Student Development Officer)



Dr. Abbas Lokhandwala
(SCMIRT, Principal)



Prof. Monika Kulkarni
(IQAC)


Principal, SCMIRT

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Report

Woman's Day Celebration

'Women Empowerment' Workshop organized at Suryadatta Group

Suryadatta Group of Institutes is celebrating women's month in March and is going to celebrate Women's day every month. Also, Suryadatta Education Foundation is celebrating its RajatMahotsav. As a part of this, SGI will be conducting various activities and programs throughout the year.

As a part of this, a power-packed 'Women Empowerment' workshop was organized for Surya Ladies, i.e. female staff members and students of various institutions of Suryadatta group by Suryadatta Institute of Health Sciences (SIHS), Suryadatta College of Management Information Research & Technology (SCMIRT) and Suryadatta Law College (SLC).

In the workshop, sessions by three eminent speakers were conducted. The first session was a presentation by MrsPrachiKulkarni, on 'Untold Social Manners'. MrsPrachi is the Founder and Owner Flairforters and Nutrafeast and has over a decade long experience in Lifestyle Management and soft skills training. She discussed some quintessential social manners those are very rarely taught and more rarely followed. She explained the norms, the importance of following it and the awkward situation one may land in due to non-observance of it.

The second session was conducted by MrsDilpreetKaur, Director, Physical Education, Suryadatta Group. MrsDilpreet specializes in sports nutrition and sports physiology. She is a Gold Medalist at Bachelors with Physical Education and has authored two books on sports nutrition. She talked about 'Nutrition' and educated the audience about importance of balanced diet, composition of balanced diet and maintaining a healthy lifestyle in a very lucid way.

The third session was a practical based session on 'Self-defense' by Mr Richard Rozalewicz and his associates Chaitanya Dive and PrathameshDeshpade. Mr. Richard is from the UK and is living in India for the last 7 years. He is the owner of Cobra Thai MMA and Fitness Gym where




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they teach Boxing, Muay Thai, Wrestling, Dutch Kickboxing, Brazilian Jiu-Jitsu and Mixed Martial Arts (MMA). Along with his colleagues, Mr Richard explained some simple techniques that can be used in self defense in case of a random street attack. Surya Ladies practiced these techniques that made the session fruitful and enjoyable.

MrsSushamaChordiya, Vice President & Secretary, Suryadatta Education Foundation, DrSeemiRethrekar (PT), Principal, SIHS College of Physiotherapy, Mrs. ShilpaSant, HOD, Commerce Dept, SCMIRT, Mrs. KetakiBapat, Principal, SLC attended the workshop along with female teaching and non-teaching staff members and students of Suryadatta Group. BBA student SantoshMulewa did anchoring and NeeraKhole proposed vote of thanks.



Inauguration of the Women Empowerment workshop at the hands of MrsSushamaChordiya, Vice President & Secretary, Suryadatta Education Foundation, DrSeemiRethrekar (PT), Principal, SIHS College of Physiotherapy, Mrs. ShilpaSant, HOD, Commerce Dept, SCMIRT and Guest speakers MrsPrachiKulkarni, MrsDilpreetKaur and Mr Richard Rozalewicz



Dr. Seemi Rethrekar
Principal, SCMIRT

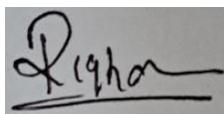
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Surya Ladies practicing Self Defense techniques

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Asst. Prof. Rasika Dighde




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